

THE Mamaroneck REVIEW

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MHS Kids for the Cure spin-a-thon

On Saturday, March 15, L Train, an indoor cycling studio in Larchmont, hosted a spin-a-thon benefitting MHS Kids for the Cure. The event was organized by Michael Mancino, a senior at Mamaroneck High School who has type 1 diabetes.

Mancino started MHS Kids for the Cure in 2012 to help raise money for the ongoing research of this disease, which impacts people of all ages. To date, he has raised more than

\$25,000 and hopes to reach his goal of \$100,000 by the end of the year.

Mancino was looking for an impactful way to raise money while promoting healthy living so, instead of a traditional bake sale, he came up with the idea of a spin-a-thon. He reached out to Laurie Parkinson, owner of L Train.

For years Parkinson's studio has generously contributed her studio for juvenile diabetes

research events and other activities to support local youth causes, but this one was even more meaningful to her as it impacted a student from the Larchmont community.

The support from the community was overwhelming and heart-felt. More than 75 students from the high school and their parents participated in the event.

The spin-a-thon, which ran from noon to 5 p.m., was led



MHS students and their parents participated in this event organized by MHS senior Michael Mancino. Contributed photos



L Train's cycling instructors led the five-hour spin-a-thon to raise money for diabetes research.

by L Train's high-energy and motivating instructors. The energy was contagious and the kids were so excited to be a part of such an important event.

The spin-a-thon raised more than \$3,500. Mancino worked hard to promote the event and his efforts were clearly rewarded.

"The day was more than just successful. It was so much fun and everyone had a great time. I would love to do this again next year when I come home from college," Mancino said.

Overall, it was a win-win for the cyclists and for MHS Kids for the Cure.

You can still donate by emailing mmancino@gmail.com or calling 914-356-2627. The money he raises goes directly to Dr. Denise Faustman, who runs a lab at Massachusetts General in Boston, which is specifically geared towards finding a cure for this disease. *(Submitted)*