

## Students Bike for Diabetes Research



*Submitted by Laurie Parkinson*

Larchmont's [L Train](#), an indoor cycling studio in Larchmont, hosted a Spin-a-thon benefitting "MHS Kids For The Cure". The event was organized by Michael Mancino, a senior at Mamaroneck High School who has type 1 diabetes.

Michael started "MHS Kids for the Cure" in 2012 to help raise money for the ongoing research of this disease, which impacts people of all ages. To date he has raised over \$25,000 and hopes to reach his goal of \$100,000 by the end of the year.

Michael was looking for an impactful way to raise money that would also promote healthy living. So instead of a traditional bake sale, he came up with the idea of a Spin-a-thon. He reached out to Laurie Parkinson, owner of L-Train. For years Laurie's studio has generously contributed her studio for juvenile diabetes research events and other activities that support local youth causes, but this one was even more meaningful as it impacted a high school student from the Larchmont community.

The support from the community was overwhelming and heart felt. Over 75 students from the high school (and their parents) participated in the event. The Spin-a-thon, which ran from 12:00pm – 5:00pm, was led by L-Train's high-energy and motivating instructors. The energy was contagious and the kids were so excited to be a part of such an important event.

The Spin-a-thon raised over \$3500! Michael worked hard to promote the event and his efforts were clearly rewarded. According to Michael, "The day was more than just successful. It was so much fun and everyone had a great time. I would love to do this again next year when I come home from college."

Overall, it was a win-win for the cyclists and for "MHS Kids for the Cure". You can still donate by emailing [mmancino@gmail.com](mailto:mmancino@gmail.com) or call 914-356-2627. The money he raises goes directly to Dr. Denise Faustman, who runs a lab at Mass General in Boston, which is specifically geared towards finding a cure for this disease.

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